

# SAINT ROSE OF LIMA CATHOLIC CHURCH'S PARISH PROFILES

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Emily Sauter

With an extensive background in international travel—visiting five of the seven continents—it is little wonder that Emily Sauter, a lifelong member of Saint Rose, has been absent from the parish for extended periods of time.

During her educational years, from high school through almost a dozen years of college, she lived in Durban, South Africa; Limerick, Ireland; Beijing, China and Guatemala. She also spent considerable time in India, Thailand and Cambodia, and six months on the road with her parents as research assistant for their book “A Month of Sundays.” Graduate work in college took her to Fort Collins, CO and Madison, WI.

Through all her years of travel she has remained a faithful member of Saint Rose, including the choir (starting with the children’s choir in grade two). Two years ago she joined the Parish Council.

“Saint Rose has always had a great balance—excellent homilists, superb music and beautifully decorated church,” says Emily. “At the core of the parish has always been a sense of connection, a sense that we are all in this together. People are friendly, open and welcoming.

“When I go to other churches it seems they are lacking one of those elements,” she continues.



#### Other things to know about Emily:

- She joined the parish when her family moved to Roseville in 1991. After attending Roseville Area public schools, her college career began at the University of St. Thomas (B.A. in communication and political science), followed by Colorado State University (M.A. in communication) and then the University of Wisconsin-Madison (Ph.D. in rhetoric, politics and culture). Today she is a professor of communication at Minnesota State University Mankato.
- At St. Thomas Emily took a persuasion course from her father Kevin (now retired

“Saint Rose manages to put it all together. That’s why I have always been drawn back to the parish that is my spiritual home.”

The credit, she says, goes to “an amazing group of people who have dedicated themselves to making Saint Rose a wonderful faith-filled church. As part of the new generation of parish leadership I want to continue that tradition.”

professor of communication and journalism)and later he was her advisor on a research project. That was the start of their collaboration on scholarly papers. His interest in communication and rhetoric played a role in guiding Emily’s career path. So did her mother Susan, a retired nurse at the Minneapolis Veterans Hospital. “She taught me how to be compassionate, kind and thoughtful when dealing with students and their possible struggles,” says Emily.

- As a professor Emily’s goal is to teach students to be thoughtful and strategic communicators, and learn how to build strong relationships. Her focus is giving them the communication skills that apply to almost any career.
- A self-described “nerd” Emily always had a great interest in sports, especially hockey. With very limited skating experience, she began playing the sport at age 32. Now she is a regular in the Women’s Hockey Association of Minnesota, a 60-team league for adult women who want to learn to play but never had a chance.